



# THE HOUSE OF LANCELOT

## CONNECTING BACK TO OUR ROOTS<sup>©</sup>

EDITION 1

### DO WHAT YOU LOVE.

Find out how to do what you love.

Range of articles that help you build your mindset and increase your focus.

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### SIGN THE PETITION

2025 The Year of Jubilee To Reclaim Back Our Inheritance

### KEEP UP TO DATE WITH US

Become Part of The Family





## **THANK YOU TO OUR FOUNDER**

We the family of The House of Lancelot would like to honour and thank our founding Farther Lord Lancelot Jnr Webb, for the extensive work and hours he has put into establishing us as the children of the Royal Houses back onto our Sovereign Thrown. We love and appreciate you for all you have done for us.

**THE FAMILY OF THE HOUSE OF LANCELOT**



## **CONNECTING FAMILIES BACK TO THEIR ROOTS**

The House of Lancelot is here  
to Build and Promote  
Pharaonic Family Institute and  
Educational Facilities, Art, Law,  
Psychology and History.

**[WWW.HOUSEOFLANCELOT.ORG](http://WWW.HOUSEOFLANCELOT.ORG)**

# MISSION & VISION

## Mission

We believe learning about our roots and cultures because we believe in more than just words, a lifestyle in modern society through all forms of education. We strive to create a magazine that encourages readers to find their roots, paths of self-improvement through guidance from our expert content. Through our publications, we aim to provide up-to-date advice and resources so our readers can take control of their life journey.

## Vision

To be the go-to source for the children of the Royal Houses, of The Pharaohs, The Kings and Queens of England Families and of the Realms. Education, Tips and Strategies, Empowering people to live their best lives daily.



**LORD LANCELOT: FOUNDER**



**VERNA M. BENTLEY:  
PRIMORDIAL TEAM**



**OMAR Z. PHILLIPS:  
PRIMORDIAL TEAM**



# EDITOR'S NOTE

We welcome creative collaboration with our wider community and we welcome your expertise in your field of knowledge that will benefit the family at large. Do reach out to us through our contact page [houseoflancelot.org/contact](http://houseoflancelot.org/contact). If you would like to become part of our mission.

Welcome to the first edition of The House of Lancelot Magazine! As the editor, I am proud to bring you this exciting new publication. Our goal is to connect and inspire Nubian's as **'The Children of The Sun'** from all walks of life by providing a platform for them to share their stories, knowledge, advice and history. Through our magazine, we hope to build a community of connected individuals, who are on their journey to discovering their true roots and help each other reach their goals and succeed in life always!



**RACHAEL PHILLIPS: PRIMORDIAL  
TEAM AND EDITOR**

*Rachael April Phillips*

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**T**he year 2025 will be a Jubilee Year for the Catholic Church, also known as a Holy Year, occurring every 25 years. This Jubilee, themed "Pilgrims of Hope", will begin on Christmas Eve 2024 and conclude on January 6, 2026. It's a time for spiritual reflection, pilgrimage, and seeking reconciliation and renewal, "So they say".

### Here's a more detailed look:

- Theme: "Pilgrims of Hope".
- Duration: Christmas Eve 2024 to January 6, 2026.
- Significance: A Jubilee Year is a special time for the Catholic Church, marked by forgiveness of sins through indulgence and a focus on reconciliation and solidarity.

- Key Elements: Pilgrimages to holy sites, particularly Rome, are encouraged.
- Biblical Roots: The Jubilee tradition originates in the Old Testament, specifically the Book of Leviticus, where a Jubilee Year was celebrated every 50 years.
- Historical Context: While originally every 50 years, the Jubilee was later adjusted to every 25 years.
- Purpose: The Jubilee Year is a time for individuals and communities to re-establish proper relationships with God, with each other, and with creation.
- Global Context: The 2025 Jubilee is especially relevant given current global challenges like war, economic hardship, and the climate crisis.

# THE YEAR OF JUBILEE HAS COME

*Lord Lancelot Juner Webb*



- Indulgences: A plenary indulgence can be gained during the Jubilee Year by performing prescribed acts of devotion, including pilgrimages to designated churches according to the Roman Catholic Diocese of Salford, according to the Diocese of Westminster, and according to the Roman Catholic Archdiocese of Birmingham.

**What does this have to do with us as children of the Sun?** Based on our Ancestors who built the most prolific societies throughout the world, the number one being Egypt, Gosh or Kermit. When they left and migrated from Egypt, many years before the many invasions that came later in history, which caused the closing of Egypt has an epicenter of society for us as children of the Sun.

Who we were, however as Pharaohs did not stop. Our practices, laws and spirituality never ended with Egypt. We took it on the road. We migrated out of Egypt and created other civilizations throughout the known and unknown world. Our languages, cultures and spirituality adapted with us, as we created new additional cultures, whilst keeping a firm foundation on our old ones.

The biblical Year of Jubilee, described in Leviticus 25, was a special 50th year following seven cycles of sabbatical years (49 years). It was a time of **restoration, freedom, and celebration, involving the release of debts, return of land to its original owners,** and emancipation of slaves. A ram's horn (Hebrew yobel) was blown on the Day of Atonement to announce its start.

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# THE YEAR OF JUBILEE HAS COME



Now The Sun cycle has come round again! And we the children of the Sun have reincarnated back again to reclaim what belongs to us.

Based on these seasons of energies we are living, in what we have come to know it as **“The Age of Aquarius”**, And that we are also in the space and time of **“The Year of Jubilee”** and we has a collective of individual Nubian’s, when coming together to our ‘Divine Oneness’ **“The Awakening”** are now ready and awake to reclaim our crowns, lands, estate, wealth and everything that belongs to us as children of the Pharaohs, Kings, Queens and Royal Houses in England, Americas, Caribbean, Islands and our Mother Land of Africa.

Lord Lancelot Webb has started a petition using **‘The Statue For Those Who Are Born In Parts Beyond Sea 1350’**.

## SIGN PETITION

Which is written in UK legislation and above that the Crown Law which was established by our forefather to remain forever.

## READ THE STATUE

### READ THE STATUE

If you would like help understanding the information and wordings contained in this statue, please do reach out to us, as we offer online classes and lives solely on these topic.

# THE YEAR OF JUBILEE HAS COME

*Lord Lancelot Juner Webb*



# HOUSE OF LANCELOT COMMUNITY UPDATES

We want to take this time to welcome you all new and old to our house. Our desire is that you are able to kick off your shoes and relax in our home.

Here in this section you'll find our latest updates, news, courses and actions we are, or we will be taking as a house collectively.

## 1 CLASS IS IN SESSION!

As promised, it's Here. Our first ever class will begin on **29<sup>th</sup> September 2025**. Stay tuned to your emails as we'll be updating you as we go live.

Here is a quick summary of some of our subjects we will be teaching.

- Law
- Business
- History
- Sovereignty
- Management
- Family

## 2 KNOWLEDGE IS POWER

Knowledge is power, and it can help us overcome any fear of the unexpected. When we learn, we gain more awareness through the process. With that in mind, we'll be opening up our **HL Knowledge Vault** packed with articles filled with information, howto's, step by step guides and more to get us back to our sovereign state of mind. So make sure you stay tuned for our announcement!

## 3 OUR GOAL IS 100,000 Sovereign Grant for Families of Those Who Are Born in Parts Beyond Sea.

We thank you for the continue support in signing the petition. The petition is for the Treasury to provide to everyone a sovereign grant from the reserve fund which is currently the amount of zillions of pounds. That means our families who were and are born in parts beyond sea, have access to 31 Million a year for all their living and other expenses.



# HOUSE OF LANCELOT COMMUNITY UPDATES

This Petition will help save children, adults and the elderly from discrimination, torture, suffering and death by wrongful administration and as we are in the year of Jubilee this is the perfect time to reclaim all that belong to us. If you haven't as of yet signed the petition, "DO IT TODAY".

**Read! Sign! Share! The Petition.**

**SIGN THE PETITION**

## 4 KNOW YOUR BIRTHRIGHT

The Crown Is Your Birthright.  
Yes Indeed the Crown Is Our Birthright.  
If you would like any help in tracing your family tree, using your surname and would like to know what Royal House you belong to, click the button to get started .

**SURNAME SEARCH**

## 5

## SOVEREIGN GRANT WALK THROUGH

If you would like any help filling out the petition or you would like to know more information about the petition. We have created a short walk through video to help you fill out the form better. Click the button below to get started.

**WATCH THE VIDEO**

## 6

## WE'RE WAITING FOR YOU

**Do You Have A Talent To Share?**

**Then we would love to hear from you.** We're here to collaborate and bring the wider family and community together. Our Aim and Vision is for embitterment of us as Children of the Sun. So don't be shy! it's your time to Shine Like The Star You Are.

**GET INVOLVED**

**W**hat do you want to be when you grow up? I'm sure you were asked this question at least once when you were young. When asked, did you have an answer ready or needed a few minutes to think about it? We all dreamed of becoming something great, like a firefighter, a teacher, or a rock star. Well, how did you do? Maybe you should have aspired to be what you wanted or said you would become. But then again, things change. The older we get, our tastes change, our view of the world changes, and even our goals change.

One of the most important lessons I've learned during my career path is to do something you love to do. Why is this important? If you enjoy what you make a living at, you end up being happy in more ways than one. Life itself becomes much more exciting and fun. You find yourself speaking passionately to others about your work. The experiences you have along the way become much more rewarding and enrich your life in many ways. You meet fascinating people.

I know people who have successfully turned their favourite hobbies into small businesses. Sure, they may have had to sacrifice a steady paycheck for their happiness, but not one of them either turned back or gave up. Their passion carried them through to success. While no job or business is perfect, it is essential to enjoy and learn from it. If you are unhappy in your current situation, why not take steps to change it? Somewhere out there is a job or business that is perfect for you. If you are already there, I applaud you. If you still need to, realize that it may take some time to figure out what you want to do and even more time to get there. That's all right! I can tell you from experience that finding and doing what you love is worth it every step of the way. The research, training and hands-on experience have made me more robust and happier. Feeling in charge of my destiny...well, there is no more incredible feeling.

Do what you love, and love what you do, whatever that may be. You'll be happier about it, trust me. I promise you will never look back.

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# DOING WHAT YOU LOVE



# FIVE EMPOWERING PROCRASTINATION TIPS

One of the most destructive effects of procrastination is that it makes you feel out of control. Procrastination is like an 'invisible force' that keeps you from doing what you know you must do. With the increasing demands on our time and attention, there is an increase in procrastination as a chronic problem, especially among those people that want to succeed the most. Procrastination usually sets in when you feel overwhelmed by all 'you have to do in life, and instead of making steady progress, you take on too much without ever getting any of it done.

Feeling out of control takes away all your power to shape and direct your life. There are indeed many things over which you have no control. Still, you always have complete control over what happens to you – and what happens to you is a mental process independent of the circumstances and events of the outside world. Being empowered means, you realize that you already have the power, which also gives you the ability to take action. Here are five empowering procrastination tips that can help you to reach this realisation and become empowered to deal with procrastination and inaction effectively.

## 1 IT'S ALL INSIDE:

Procrastination is an internal process, and although it might feel like it's happening to you, you are, in fact, responsible for it. This procrastination tip can help to put you back in control almost immediately. Procrastination is not an external force but an internal response and evaluation. The simple realization that it's 'you' that is doing it to 'you' gives you the power to do something about it.

## 2 IT'S ALL YOU:

When procrastination drags you down, it's too easy to think that 'it just is and that you can't do anything about it. Although it feels like you have no control, you do. This is why you feel out of control – believing you can't do anything about it. You must develop two fundamental beliefs to help you break free from procrastination. The first is that you CAN overcome procrastination and the second is that YOU can overcome procrastination. No one else can do it for you, and because you created it, you can un-create it.

### 3 IT'S ALL IN YOUR HEAD:

The reason why most people remain stuck in patterns of procrastination is because of fear. At the most fundamental level, all forms of procrastination come down to fear; what you don't face controls you. To overcome the fear and the procrastination that comes with it, you need to confront and do what you don't want to do. The instant you do, you take charge, and it no longer controls you. The ironic thing is that fear only exists in your imagination – it's always something that hasn't happened yet. Procrastination is not real – it's only the way you evaluate things in your mind.

### 4 IT'S ALL ABOUT CONDITIONING:

Success in anything in life relies on consistency. The best at anything are those who can repeat their greatness consistently. The way you get consistent is through conditioning. Your nervous system operates through activity. When you do something repeatedly, it becomes 'normal', and when it's normal, you don't have to think about it – it becomes automatic. The challenge is that this principle works both ways. Whether your conditioned responses support you or whether it pulls you down, your nervous system does not make that distinction. If procrastination is your conditioned response, you will feel out of control simply because that's what you've 'learned' to do automatically. You merely need to 'recondition' yourself to a new response; to teach yourself to respond differently...

### 5 IT'S ALL ABOUT AWARENESS:

Procrastination serves a purpose – and a significant one as such, but only if you know the benefits. We only need to work on those things that have value to us. At some level, either directly or indirectly, you believe that taking action will benefit you. If it didn't, it would not bother you, right? I want you to be grateful for procrastination and use it as a guide to 'know' what you need to act upon. Being aware of this fact and developing an awareness of what you do and fail to do can empower you to be in charge of yourself on a much higher level.

When you are empowered, you are in charge, and even if things seem to go wrong on the surface, underneath, you know that you have the power to deal with them effectively. Procrastination is disempowering and removes your ability to take immediate action and deal with any situation. Always remember that you are ultimately in charge of yourself. Tomorrow will be today tomorrow. Please don't wait. Act!



# SOVEREIGN GRANT FOR FAMILIES OF THOSE WHO ARE BORN IN PARTS BEYOND SEA

SIGN THE PETITION AND HELP US  
REACH OUR GOAL 100,000



**DOWNLOAD THE PETITION**





**"A nation is built  
not by its leaders  
alone, but by the  
collective will of its  
people."**

# HOW TO DEVELOP A MOTIVATED MINDSET

**F**rom time to time, each of us will find ourselves in a rut of boredom and disinterest. We seem to lose our zest for life and feel tired, irritable and unmotivated. We want to hide under the covers rather than face the day. Perhaps you're feeling overwhelmed by work, sad about the pain and suffering in the world, or just bored with your daily life routine. You are not alone. We all go through periods like this at some point. The good news is that we can do something about it. Here are some tips to help break out of the rut and feel excited about life again:

**1** **Take a "Time Out"** - Prolonged stress can wear us down and zap any enthusiasm we once had. Before doing anything else, take a few minutes to breathe and BE. Empty your mind of all stress and worry. This takes practice, but don't give up! As thoughts come into your mind, gently push them back out and continue to keep your mind empty and calm. Take slow, deep breaths and let all of your muscles relax. Sit quietly and recharge your batteries. Try to do this daily or even twice daily (morning and night). We need quiet time as much as we need anything else in life. Give yourself the gift of inner peace.

**2** **Get Inspired** - Read something motivational, inspirational or uplifting. Look at some beautiful nature photos, or read something humorous. Consciously move your thoughts to a more positive place. Focusing on nothing but work and our daily tasks in life can leave us feeling pretty uninspired. It's easy to turn it around if we want to. We have to seek things that will lift our spirits and moods. Make it a point to laugh and be happy, joyful and lighthearted each day. Don't wait for inspiration to come knocking on your door. Please go out and find it or create it. Conjure up some funny or touching memories. Write them in a journal so you can go back and read them when you're feeling down.





**3 Get Excited** - I would encourage you to think about the things you have planned for the day and rekindle the enthusiasm you once felt for them. When we first begin a new project or job, we are excited about the possibilities and eager to get moving! Over time, we can lose that enthusiasm for a variety of reasons. Travel back in time for a moment, and think about what got you so excited initially. What made your heart beat a little faster? Recapture that feeling and hang onto it! Even if your tasks aren't anything to be excited about, at least consider some positive benefits. For example, list how they will benefit your children, spouse, job or home. Identify the payoff, and focus on that. Even mundane tasks have some benefits. Sometimes it's just switching our mindset to see the positive side.

**4 Baby Steps** - Sometimes, the hardest part is getting started. A project seems so monstrous that we cringe at the thought of all that time and energy we'll have to expend. Instead of overwhelming yourself, start small. Set a timer for 15 minutes and start working on it. Allow yourself to stop after 15 minutes if you want to. But we often will want to continue once we start working on something. Please don't focus on the big picture; look at the more minor details and take them one at a time. Any enormous task seems manageable once we break it down into smaller steps.

**5 Care of the Body** - Sometimes, our feelings of fatigue are caused by physical deficiencies, not mental. Be sure you are getting enough rest, eating food that nourishes your body, drinking enough water, exercising, etc. Especially when we're swamped, we tend to grab the quickest, most leisurely meals, which are only sometimes the best choice for our bodies. Eating highly processed foods and sugar is like putting watered-down gasoline into our cars. For our vehicles to run smoothly, we must maintain them properly, so it is with our bodies. Remember, the body is the vehicle for the mind and soul!

Finally, remember to reward yourself from time to time, and be gentle with yourself! There will always be things that "need" to be done. But some of us take on way more than we can handle, and our lives turn into a pit of drudgery. Try to eliminate the things that truly don't bring you joy, or at least minimize the time you spend on them. Do what you can, and let the rest go. Or ask for help. Don't feel you have to do everything yourself.

Remember that motivation, just like happiness, is something we CHOOSE. We may need to give ourselves a little push at the beginning, but once we get into the right mindset, it's simple to stay there if we choose to.



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# HELPFUL MEMORY AIDS FOR MEMORISATION

**F**or many centuries, memory techniques have evolved in how people use and learn. We all know that remembering information is called 'mnemonics'. We also know that mnemonics aren't similar to magic tricks, but due to their proven efficiency, it's considered a technique for memorization.

If you haven't realised how our memory works, a person's memory effectively functions to how it associates objects and information. But of course, what we need to practice is how we focus on things and such and eventually associate or link them with other information that enables us to remember what we need to remember.

**One way of remembering things easily is to rhyme words.** How do you think we can carry riddles and rhymes during our nursery years in school up to the later years of our lives? Reading this question alone makes you remember one or two nursery rhymes you've learned, right? This also answers how toddlers can cope with what they know in school at this very early stage. This is also the very reason why rhymes are considered common memory aids.

**Another effective memory technique is the use of initials or the first letter of the word.** For example, you can take each first letter and make a word for a group of items. Remember ROY G. BIV? If you do, you'd know right away that this is not a person's name, but it stands for the seven colours of the rainbow - Red, Orange, Yellow, Green, Blue, Indigo and Violet. Notice how you have quickly recognized the initials? Now you're nodding.

You need not make a name always out of the initials from a set of items. You can make a word or anything which can quickly help you recognize the terms equivalent to items. But in some cases, there might be a too-small number of vowels versus consonants. Let's have pasta, rye, fish, cheese and a table. Together they look like this: PERFECT. We can add the letter E in between the initials to make it a word; in this case, it can be read now as PERFECT. Of course, when you remember the word PERFECT, you'd easily recognize which item stands for each consonant. Simple? Yes.

# SHOP THE HI STORE



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